



Patricia “Pattie” Porter, LCSW, PCC

Patricia’s coaching style embodies a mindset that supports a client in gaining deeper insight and awareness of self and others. She is often complimented for her calmness, empathy, passion, and commitment to the client’s learning and journey. She draws on three decades of experience in the dispute resolution industry, using insight and challenging questions, offering observations, and providing straightforward input. She starts where the client is and flexes based on the client’s needs and growth. Clients often bring real-life scenarios to talk through, role-play, or practice new skills.

Some examples of coaching topics include:

Understanding Conflict Dynamics	Identifying Leadership Values & Authenticity
Moving Through Conflict and Tension	Leader as Coach and Influencer
Managing Others’ Challenging Behaviors	Making Hard Choices and Taking Difficult Action
Effective and Adaptable Communication	Coaching Conflict Avoidant and Abrasive Behaviors in Managers/Leaders
Navigating Change and Volatility	Using Emotions as You Problem-Solve

Educated at the University of Houston-Clear Lake and Delaware State University, Patricia has worked with clients across the Federal Government, including the Department of Defense, the Department of the Interior, the Department of Veterans Affairs, and NASA. She provides executive and leadership coaching in various industries, including banking, healthcare, higher education, technical and research services, oil and energy companies, hospitality, retail, real estate, and family-owned businesses. Patricia’s international experience spans multiple countries, including Russia, Greece, Germany, & Canada.

Patricia enjoys working with mid-level managers to C-Suite/SES leaders who encounter challenges with change and transition, conflict and tensions, and being the most effective people leader.